

Susmita

SHARES HER VIRGINITY



WRITTEN AND ILLUSTRATED BY
KRISTIN MURRAY ALEXI

These children's books have been created to help our children and tween girls become educated on their bodies, their boundaries, their sexuality and their blood.

They are an offshoot of a series of adventure books written about a girl called Susmita who travelled the world. Susmita as a child wears gender neutral clothes and has dark brown skin and red hair so as to not exclude any one culture in particular.

In this book Susmita is finally ready to share her pleasure with someone else. She is sweet sixteen and excited for a respectful and pleasurable connection with another person.

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Designed AND EDITED BY
JESSE RUBEN SOHN

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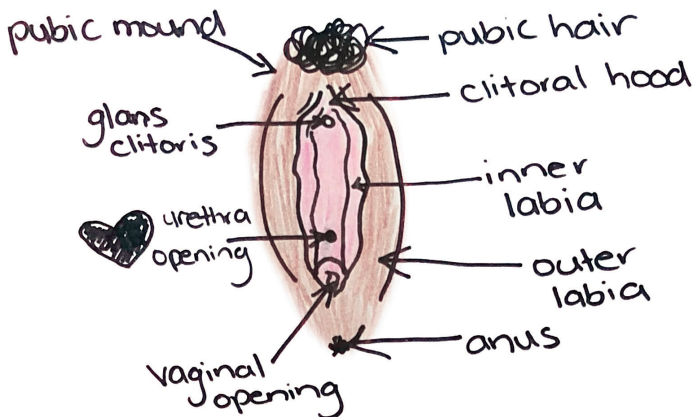
TO ALL WOMBEN UNTO THEMSELVES
MAY YOU ALWAYS BE
EMPOWERED IN YOUR PLEASURE.

SUSMITA SHARES HER VIRGINITY

Susmita has been on a beautiful journey exploring her sexuality and her body, and understands her pleasure deeply.

Susmita has used her hands to explore the parts of her body that feel pleasurable that she can reach, and has used non-vibrating sex toys to reach the parts inside her yoni that she can't reach. She has found many pleasurable areas both inside and outside of her yoni.

The most pleasurable part of the outside area of Susmita's yoni is the glans clitoris which is filled with nerves. The clitoral shaft also feels very pleasurable, as well as a small section to the left of the glans clitoris.

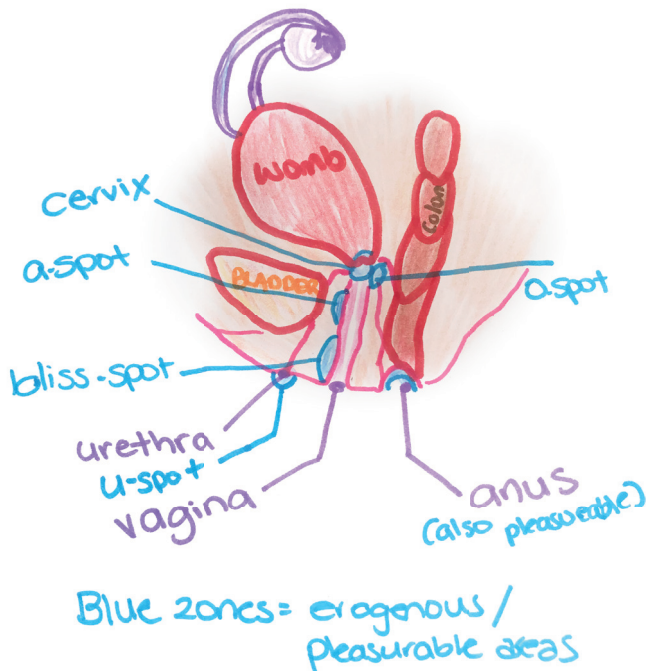


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However, when Susmita is properly engorged all of the vulva gets puffy and feels very pleasurable.

The parts that Susmita finds pleasurable inside the yoni are the bliss spot (also known as the G-spot) the A-spot the O-spot and the cervix. Sometimes when Susmita pleasures herself she has short orgasms, long orgasms, ejaculatory orgasms, and sometimes even squirting orgasms.

Side view of female reproductive system



SUSMITA SHARES HER VIRGINITY

Susmita feels so comfortable and confident in her body and her sexuality, and would now like to share this pleasure with someone else.

Susmita has been exploring her sexual orientation and has discovered that she is attracted to both males and females. She has already kissed two different girls and two different boys.

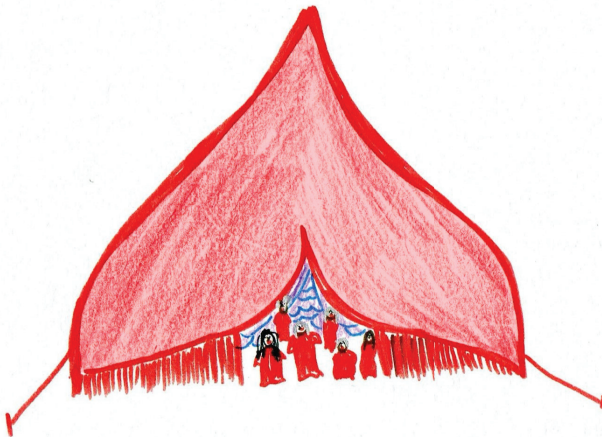
Susmita knows that she can share her virginity with either a boy or a girl because virginity is shared not only when a penis penetrates a vagina.



SUSMITA SHARES HER VIRGINITY

Susmita learned from her sisters in the red tent that while much of society places a lot of importance on this aspect of sex, it is not at all the special part of sex. The special and most important part of sex is when we share our pleasure with another. Therefore, the sisters at the red tent redefine virginity to be “when we share our first pleasurable sexual experience with another person.”

The sisters at the red tent also use different phrases when talking about virginity. While society says that virginity is something “lost” or “given away”, the women at the red tent say that nothing is lost or taken when we share our virginity with another person.



SUSMITA SHARES HER VIRGINITY

The main reasons that the sisters in the red tent have redefined virginity is because:

1. There is a problem with how much emphasis is put on the part in sex when a penis goes inside a vagina—which for some females may not feel good.
2. It is problematic for females who do not have sex with penises.
3. If the focus of virginity is taken off penetration and rather placed on pleasure, heterosexual males may focus more on understanding female pleasure. This could help to close the orgasm gap between heterosexual males and females. It can set up a future of success in sexuality.
4. With society's use of the word virginity, if a non-consensual experience happens before a pleasurable one is had, women will often feel as though they have lost something or something has been stolen or taken.

SUSMITA SHARES HER VIRGINITY

If the fourth experience is had, it is rather a criminal act involving the sexual areas of the body. The pleasure and virginity of a person can never be affected by a perpetrator.

Susmita also learned that while virginity in society is mainly seen as something pure and sacred, and used as a means of oppression, that a true virgin is a woman unto herself. Susmita feels that she has certainly become this in her sexuality.



SUSMITA SHARES HER VIRGINITY

Not only did Susmita learn in Red Tent gatherings that the idea of virginity is a social construct, she also learned that hymens do not “break” during penetrative sex, as is popularly believed.

She learned that hymens are made from very thin mucosal tissue that surrounds or partially covers the external vaginal opening, which in fact stretches and wears away during exercise, self pleasure, tampon usage, and penetrative sex. She also learned that there are many different types of hymens, though the most common hymen for women is in the shape of a half moon.

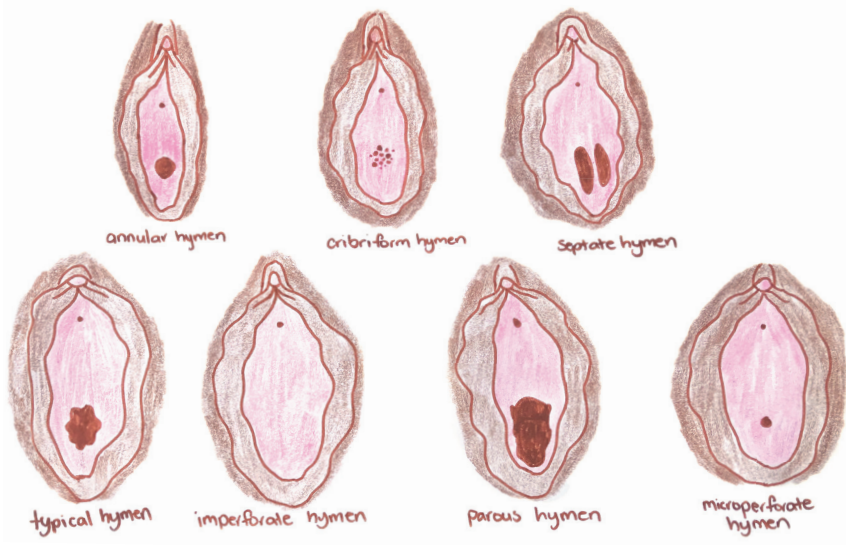
While the hymen does stretch during penetrative sex, every so often the skin of the hymen can tear, which can result in some bleeding. In some cases hymens can be elastic enough to look exactly the same as they did prior to penetrative sex.

There are however some congenital disorders where the hymen has either a tiny opening, many tiny holes, or no opening at all. These disorders result in extended menstruation, pain while inserting or pulling out a tampon, and in

SUSMITA SHARES HER VIRGINITY

the case of imperforate hymens, a collection of blood in the vaginal canal. Some of these kinds of hymens need medical treatment, while others sort themselves out in the process of tampon insertion and penetrative sex.

Susmita has had no issues with her length of menstruation or tampon and sex toy insertion, so she knows that she doesn't have any kind of congenital disorder with her hymen. She has also already taken a good look at her hymen and has seen that she has a half moon shaped hymen. If Susmita decides to have penetrative sex she knows that with plenty of stimulation and lubrication it will be an easeful process.



SUSMITA SHARES HER VIRGINITY

Susmita has been told of the importance of clear open and honest communication when having partnered sexual experiences. She's also aware that her partners may feel less comfortable or confident in their sexuality.

Therefore, Susmita must be patient with her sexual partners, and remain firm in her boundaries of what feels good, acting within enthusiastic consent. Enthusiastic consent means that each sexual partner is enthusiastic about whatever is taking place.

Susmita understands that giving and receiving in sexuality is not always easy to understand, which is why communication is very important.

An example being: if Susmita's partner enjoys touching Susmita's feet, and Susmita doesn't really like it—if Susmita is to allow her partner to massage her feet, her partner is the one who is receiving—not Susmita. Even though Susmita is getting the massage, Susmita is actually giving her partner the satisfaction of touching her feet.

SUSMITA SHARES HER VIRGINITY

Susmita has already had a conversation with the boy she would like to share her virginity with. She talked to him and said confidently, "I would like to have a really beautiful place to make love in, to go slowly, with no expectations and with the safety to say yes and no to whatever I feel."

The boy was very emotionally mature and cared about Susmita, and agreed proudly to everything that she had said. With this, Susmita felt safe to go ahead and share her virginity with this boy.

It was important for Susmita to feel safe with the person she shares this intimate space with, as she knows that with the wrong person things could go very wrong.



SUSMITA SHARES HER VIRGINITY

It wasn't long ago when she learned that date rape is one of the most common forms of rape, which is where a person is raped by someone that they trust. One example of date rape is when one person initially wants to have sex but changes their mind and wants to stop, and the other person ignores this and continues with the act.

Another example is when a person is coerced into having sex when they don't want to through different means of manipulation.

Therefore, Sumita made it clear to the boy that she was sharing her virginity with that "no" is a complete sentence, and that it must be respected at every stage of their experience together.



SUSMITA SHARES HER VIRGINITY

Susmita had arranged to go to Corey's house one afternoon after school while his parents were still at work. When the school bell rang, she quickly jumped out of her seat and filled with excitement made her way home.

She turned on the shower, and humming her favorite song made herself feel beautiful. She then put on her favourite clothes and brushed her hair. As she looked at her reflection in the mirror, she decided not to wear make-up. Instead she dabbed some essential oils on her wrist and a few drops onto her neck.



SUSMITA SHARES HER VIRGINITY

Susmita hopped onto her bike and rode two blocks over to Corey's house. Her tummy was full of swirling butterflies!

She was so excited to be sharing this sacred practice that she had cultivated on her own, now with another person!

She had felt so warm and fuzzy every time she had kissed Corey, she could only imagine how nice it would feel to also share her pleasure with him!



SUSMITA SHARES HER VIRGINITY

Susmita made her way to Corey's front door, though before she could push the doorbell Corey had swung the front door wide open.

"H-hi Susmita" Corey stuttered nervously.

"Hey Corey! How are you? Are you feeling okay?" she asked.

"Yeah I'm good! Just been running around and feeling kinda scattered," Corey admitted.

"Don't be so nervous, remember, there is no expectation of anything to be perfect. We are just going to share our pleasure with one another" Susmita assured.

"Right, right, thanks for reminding me," he replied, seemingly much more at ease.



SUSMITA SHARES HER VIRGINITY

Susmita and Corey made their way to his bedroom upstairs. Corey opened the door to his bedroom, and when Susmita stepped inside, she was shocked.

She had expected the room to be clean, however she wasn't expecting this! The bedroom was filled with rose petals, and there were around thirty or so candles lit around the room. Corey had even hung some shawls on the walls to make the space more feminine and inviting. The bed linen was soft to touch as Susmita sat on the bed.



SUSMITA SHARES HER VIRGINITY

"Remember when we had talked about communicating our boundaries Corey?" Susmita asked.

"Sure do" Corey said with a loving smile.

"Perfect! Shall we?" Susmita prompted.

"We shall" Corey replied.

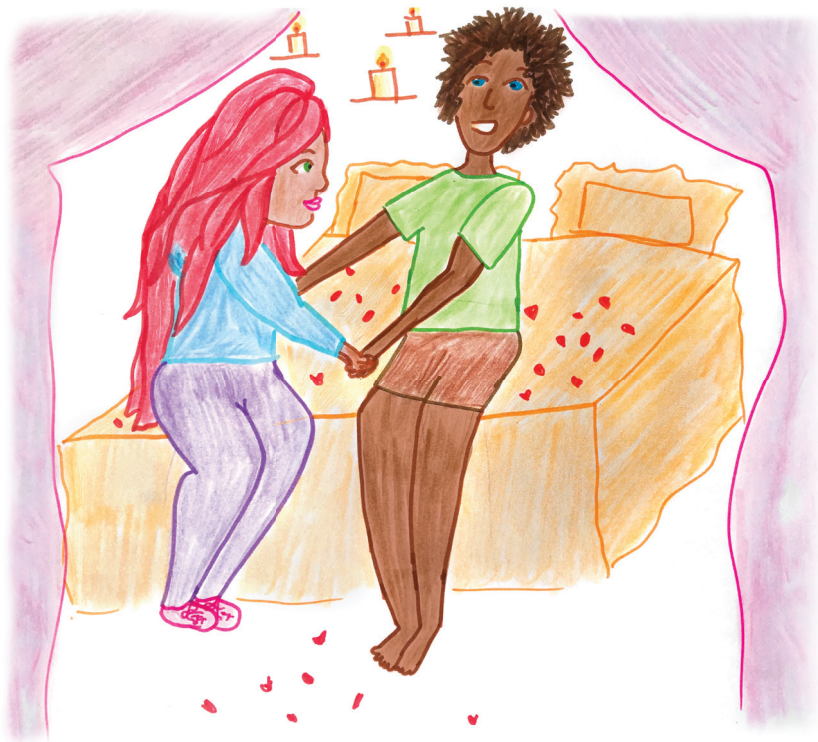
Susmita and Corey sat on the bed with their clothes still on as they discussed how they were feeling that day, what they were okay with, and what was a soft no and what was a hard no.

"I feel a little tired today Corey so I would like to receive more in my pleasure than give. I love a massage to help me feel relaxed and present in my body. I am okay with using some organic coconut oil to massage all over my body. I would like you to ask me first before you touch my breasts or yoni. Everywhere else you can feel free to touch, except my butthole, I'm not interested in anal pleasure today" Susmita said.

SUSMITA SHARES HER VIRGINITY

"I'm not sure if I want penetration of anything inside my yoni, so for now it is a soft no to penetration" Susmita continued.

"However, I will let you know if that changes the more we make love. It is a hard no to penetration with your penis without a condom, if you don't have one we can't go ahead with that part of sex..."



SUSMITA SHARES HER VIRGINITY

"I have one" Corey said.

"Great! How about you Corey, what are your boundaries for today?" Susmita asked, paying close attention so as to not miss a thing.

"I feel really comfortable to explore everything with you Susmita. I am a little shy about my performance as this is my first time, so I just ask that you are patient with me and help me to learn your body. I am totally open to all feedback, whether it is positive or negative".

"Thank you for saying all of that Corey, I completely agree with all that you've said. And there is no need to perform, just to feel and explore."

Susmita and Corey explored each other's body that afternoon for hours. They giggled and played. They were sensual and passionate. They showed each other what felt nice and what didn't. Susmita had her first orgasm with another person that afternoon.

SUSMITA SHARES HER VIRGINITY

Once Susmita and Corey had become tired and as the late afternoon sun shone through the window and sunk into the horizon, they put their clothes on and snuggled in bed. Corey's parents would be home soon and would be preparing them dinner, and they didn't really want to be found naked in Corey's bedroom together.

Susmita was so ecstatic with her first sexual experience with Corey. She had finally shared herself with another.

Herself as a woman unto herself.

Although Corey's penis did not enter Susmita that day, she had still shared her virginity with him. She did this by sharing her pleasure along with all of the wonderful things that she had learned about her body on her own. Susmita had even learned a few new things about her body and her pleasure that she was excited to explore further in the future!

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THE END

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Pleasure Diary

